

The Government of Canada has put in place emergency measures to slow the introduction and spread of COVID-19 in Canada. When you arrive in Canada, you **MUST QUARANTINE** for 14 days and respond to the Durham College International Education Office symptom-checker every day for 14 days.

Your compliance with this is subject to monitoring, verification and enforcement. Those in violation may face detention in a quarantine facility as well as fines and/or imprisonment. Maximum penalties include a fine of up to \$750,000 and/or imprisonment for six months.

Spot checks will be conducted by the Government of Canada to verify compliance.

For more information about travelling to Canada, self-isolation and the Canada Order click [Public Health, Government News Release](#) and [Travel Restrictions, Exemptions and Advice](#).

**Before arriving in Canada, you must have:**

- A place to self-isolate for 14 days.
- A Quarantine Plan to submit to [ISA@durhamcollege.ca](mailto:ISA@durhamcollege.ca).

Your Quarantine Plan **must** include all of the following information for yourself and any family members arriving with you:

- Full name:
- Your student number:
- Arrival date in Canada (the first day of your 14-day quarantine):
- Phone number in Canada:
- Email address:
- Details of the transportation you will take from Toronto Pearson International Airport to your quarantine accommodation:
- Detailed address of where you will be quarantining for 14 days:
- How you will arrange for food, medication, cleaning supplies to be delivered to your quarantine accommodation:

Send your Quarantine Plan to [ISA@durhamcollege.ca](mailto:ISA@durhamcollege.ca)

**During the 14-day quarantine, you must:**

- Stay at the quarantine accommodation for at least 14 days.
- Not leave the quarantine accommodation unless it is to seek medical attention.
- Not use public and private transportation (e.g. buses, taxis, subway, Uber, Lyft, etc.).
- Not have visitors.
- Not go to school, work, or any other public areas.
- Arrange for the necessities of life (e.g. food, medication, cleaning supplies) to be delivered to your quarantine accommodation.
- Follow the instructions provided to you by [Public Health Canada: How to Quarantine](#)